

Alpine Nutrition Services



Breakfast \$ .85  
 Visitor/Adult \$1.50  
 Preschool \$1.50  
 Ala carte Milk \$ .30

# ELEMENTARY MENU 2012-13

Menus Subject to Change

*Barratt Geneva Legacy*  
*Lehi Meadow Northridge*  
*Sharon Traverse Mtn*

Lunch \$1.75  
 Visitor/Adult \$2.75  
 Preschool \$2.75  
 Ala carte Milk \$ .30



August	September	October	November	December	January	February	March	April	May	June
6 7 8 9 10	3 4 5 6 7	1 2 3 4 5	1 2	3 4 5 6 7	1 2 3 4	1	1	1 2 3 4 5	1 2 3	3 4 5 6 7
13 14 15 16 17	10 11 12 13 14	8 9 10 11 12	5 6 7 8 9	10 11 12 13 14	7 8 9 10 11	4 5 6 7 8	4 5 6 7 8	8 9 10 11 12	6 7 8 9 10	10 11 12 13 14
20 21 22 23 24	17 18 19 20 21	15 16 17 18 19	12 13 14 15 16	17 18 19 20 21	14 15 16 17 18	11 12 13 14 15	11 12 13 14 15	15 16 17 18 19	13 14 15 16 17	17 18 19 20 21
27 28 29 30 31	24 25 26 27 28	22 23 24 25 26	19 20 21 22 23	24 25 26 27 28	21 22 23 24 25	18 19 20 21 22	18 19 20 21 22	22 23 24 25 26	20 21 22 23 24	24 25 26 27 28
	29 30 31	29 30 31	26 27 28 29 30	31	28 29 30 31	25 26 27 28	25 26 27 28 29	29 30	27 28 29 30 31	

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Cheese or Pepperoni Pizza  
 Turkey Wrap

Egg Roll & Oriental Rice  
 Chef Salad

Mozz Breadsticks & Sauce  
 Deli Sandwich

Potato Crunch Fish Sticks  
 Chicken Patty Sandwich

Pork Cutlet with Potatoes & Gravy  
 Hamburger

Cheese or Pepperoni Pizza  
 Turkey Wrap

Popcorn Chicken  
 Chef Salad

Taco Soup  
 Deli Sandwich

Ravioli  
 Chicken Patty Sandwich

Hawaiian Haystack  
 Hamburger

Cheese or Pepperoni Pizza  
 Turkey Wrap

Orange Chicken  
 Chef Salad

Beef & Bean Soft Shell Taco  
 Deli Sandwich

Penne Pasta & Meat Sauce  
 Chicken Patty Sandwich

Homemade Chicken Soup  
 Hamburger

Cheese or Pepperoni Pizza  
 Turkey Wrap

Chicken Nuggets  
 Chef Salad

Beef & Bean Tostada  
 Deli Sandwich

French Toast Brunch for Lunch  
 Chicken Patty Sandwich

Turkey Roast with Potatoes & Gravy  
 Hamburger

### BREAKFAST

CHOICE OF: Oatmeal, Pancakes, Breakfast Wrap, Waffle Sticks or Assorted Cereal  
 CHOICE OF: Fruit, Juice & Yogurt  
 CHOICE OF: Milk

Served Everyday: \*a variety of *fresh* and canned fruit \*a variety of *fresh* and steamed vegetables \*a choice of Skim or 1% White Milk or Fat Free Chocolate Milk



Help us educate your children to make healthy meal choices.



Each student must take a fruit or vegetable serving as part of their lunch meal.



Wholegrain Products:  
 Nearly all grain-based items in Alpine have moved to wholegrain.



Alpine Nutrition Services does not produce or purchase any products containing peanuts or tree nuts. Please see your school manager or contact Nutrition Services with any questions 801-610-8031.



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 Phone: 877-237-0946

Make online meal payments, set up alerts and monitor your student's balance for FREE at [www.mypaymentsplus.com](http://www.mypaymentsplus.com)

### MEAL CHARGES

Elementary students in emergency may as a courtesy charge up to \$6. To review complete policy, please visit [alpineschools.org](http://alpineschools.org) under Nutrition Services.